Lawrence County School District

Lawrence County Wellness Committee

Walnut Ridge High School

November 11, 2015 11:45 A.M.

Call to order:

Meeting was called to order by Janna Berry.

Attendance:

(12) Committee Members Present: Terry Belcher, Janna Berry, LeeAnn Cheadle, Jacob Kersey, Derek Bramlett, Sharon Nunley, Lindsay Romine, Dyan Heard, Stephanie Nichols, Larry Treadway and Valerie Petty. Student Member Present: Alyssa Leatherman, and Anna Shaw, Ron Ingram, John Bland not present.

Minutes:

Members reviewed minutes from September 2, 2015 meeting. Bramlett motioned to accept and Kersey seconded.

Old Business:

School Flu Clinic were offered to all staff and students on Thursday, October 29, 2015. Stephanie Nichols reported that a total of 436 were vaccinated.

A Health Fair was held on November 9, 2015. It was set up in the gym and offered basic screenings. The Saint Bernard's Mobile unit was on site to conduct mammograms. Seventeen women participated in the mammogram screenings. Stephanie Nichols will be following up to see if next year the program can offer wellness check-ups.

The Federal Grant that Walnut Ridge, Hoxie and Imboden schools are participating in called the Farm School Grant is allowing the students to grow seasonal food on campus, to be used in the cafeteria. Currently, lettuce has been being grown. Salads with this lettuce have been being sold in the cafeteria for \$1.00. As winter approaches, the plants being grown will be cold weather plants, like broccoli and cauliflower.

New Business:

School Health Index report part of the ACSIP plan was completed by Dyan Heard, principals.

Sharon Nunley has applied for a \$1000.00 Farm-School equipment grant. She is waiting to hear if she will receive it.

Farm to You, "Walk through the body", two-day exhibit was provided for K-6 grade by the Extension Office Representative Katrina Birch.

Wellness Committee tentative meeting schedule is as follows:

February 10th / April 13th Lunch will be served at 11:45 A.M.

Motion to adjourn by Heard and seconded by Nunley.